



fresh food

Fruit, sport, lectures and fun

Festival



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Fruits and health festival in Denmark

Join four amazing days from the 16-19th. of July 2015 in Denmark, not far from Copenhagen. You will get:

- Delicious meals of fresh, raw, ripe fruits and vegetables 80/10/10 raw food style.
- Lectures about health, raw food and fitness with international speakers like Doug Graham, Anne Osbourne & Chris Kendall.
- Activities like yoga, fitness, Qi Gong, bare foot running, speed dating, camp fire, fruity games and a talent show.
- Workshops in dancing, food preparation, support groups, discussions and much more.
- Extra activities in Copenhagen after the event.

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